

“Life in all its fullness” John 10:10

# NEWSLETTER



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## Greetings from our Medical Superintendent

Dear Colleagues, Partners, Clients and Friends of Kisiizi Hospital,  
As we approach the blessed season of Easter, I extend warm greetings to you all.



Easter reminds us of hope, renewal, and sacrificial love, values that continue to inspire our service every day. At Kisiizi Hospital, our vision of “Bringing holistic health services, care and life in all its fullness to all manner of man in the Hospital and all communities” makes this a truly special place, where healing goes beyond the physical to touch lives in a holistic and compassionate way.

We remain grounded in our core values: guided by Christian principles in all we do; striving for excellence through high professional standards and ethical practice; serving with integrity, compassion, and humility; and respecting every individual without discrimination. We are committed to supporting our staff to reach their full potential, while upholding responsibility, accountability, and faithful stewardship of the resources entrusted to us. Above all, we remain devoted to caring for the most vulnerable, ensuring accessibility and equity for the poor and underserved.

I wish to extend my sincere appreciation to all our partners and stakeholders for your continued support and collaboration. Your contribution plays a vital role in enabling us to deliver on our mission. To our dedicated staff, thank you for your tireless commitment. To our patients and the communities we serve, we are honored by your trust.

As you read this April Newsletter, I invite you to reflect on the shared journey we continue to walk together and to celebrate the impact we are making.

May this Easter season bring you renewed hope, peace, and good health.

Happy Easter!

*“The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly. I am the good shepherd. The good shepherd lays down his life for the sheep.”*

*John 10:10*

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## Kisiizi Hospital Receives NSSF Employer Compliance Award

Kisiizi Hospital is honored to have received the Employer Compliance Award 2026 from the National Social Security Fund (NSSF) earlier this month. This recognition reflects the Hospital's consistent compliance with statutory requirements, particularly the timely and accurate remittance of employees' social security contributions, demonstrating our commitment to staff welfare and responsible governance.



This achievement highlights our core values of integrity, accountability, and stewardship, as well as our dedication to supporting employees' well-being and future security. We appreciate the efforts of our Finance and Human Resource teams and thank all staff for fostering a culture of excellence that continues to position Kisiizi Hospital as a trusted and responsible institution.

## HR News: Staff Transitions and New Additions

Kisiizi Hospital bid farewell to our esteemed physicians, Dr. Kambale Patrick Sasiita and Dr. Kenneth Muheise, as they moved on to pursue other engagements. We also extend our congratulations to Rev. Evas Arineitwe on her well-deserved promotion to Assistant Diocesan Education Coordinator. We are deeply grateful for their faithful service and the meaningful contributions they have made to the ministry at Kisiizi, and we pray for God's guidance as they step into their next season.

We are pleased to welcome Rev. Medius Twinomugisha as Deputy Chaplain and Dr. Linda Atulinda, a Medical Officer seconded to us by the Ministry of Health. We express our gratitude to the Ministry for this continued support. We warmly welcome our new team members and wish them a fulfilling and impactful time as part of the Kisiizi Hospital family.



Rev. Medius Twinomugisha



Dr. Linda

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## Urology Camp – March 2026

At the beginning of March, Kisiizi was grateful to welcome a team of urologists from Reading Hospital in the UK, Dr. Paul, Dr. Adam, Dr. Sai, and Dr. Somitah, along with anesthetist Dr. Suzie. We also welcomed back Dr. Mugarura Robert, who led three surgical residents from Kabale University School of Medicine



During the four-day camp, 44 patients received highly subsidized surgical care, with many remaining for recovery afterward. The most common procedures performed were transurethral resection of the prostate (TURP) and urethrocystoscopy with dilation. These camps remain essential, as many patients continue to live with treatable conditions but are unable to access care due to cost.

We are also thankful for the donation of a diathermy machine, which allows for safer and more effective surgery by stopping bleeds (also known as cauterization).

While the high patient volume requires creativity with space and limits non-emergency procedures during the camp, the positive impact is significant. We are grateful for the continued partnership, teaching, and care that make this work possible.



### *Did You Know?*

Uganda has fewer than 20 registered urologists serving a population of approximately 45.9 million people. Most are based in urban centres, leaving rural communities with limited access to specialized urological care. As a result, timely diagnosis and surgical treatment remain difficult to access in many parts of southwestern Uganda.

(Source: Robert et al., Tropical Doctor, 2024)

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## Ophthalmology Clinic Update

The Ophthalmology Clinic at Kisiizi Hospital serves an average of 150 patients each month, including both adults and children. Common conditions include allergies, refractive errors, eye injuries, cataracts, and infections, many of which can be treated effectively when identified early. This service plays an important role in preserving vision and preventing avoidable blindness within the community.

The clinic continues to face several challenges, including misconceptions about eye health, financial barriers to care, and limited equipment such as a mobile tonometer, which restricts both diagnosis and outreach services. Self-medication and the use of local herbal remedies have also contributed to more severe conditions, including corneal ulcers, and many patients present late, leading to poorer outcomes.

Despite this, the team remains committed to offering the best care possible, patiently educating patients and serving with compassion. Continued support for this work helps ensure that more individuals can access timely care and maintain their vision.

### A Small Upgrade with Big Impact

Some updates may seem small at first glance but carry a much bigger impact for daily life on the ward. The maternity ward at Kisiizi recently received a much-needed lavatory upgrade, transforming what was once a single-stall facility into a clean, spacious, and modern space with nine toilets.

While it may not be the most glamorous update to share, anyone who has spent time in a busy hospital knows just how significant this change is. With more space, improved cleanliness, and a more welcoming environment, this renovation brings greater comfort and dignity to the many mothers and families who pass through the ward each day.



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## **Closing the Gap in Chronic Care: The Vision Behind Kisiizi Hospital's NCD Clinic**

At Kisiizi Hospital, we have seen a growing number of patients living with chronic illnesses such as hypertension and diabetes. Too often, patients arrive late, already facing serious complications like stroke, heart failure, kidney disease, or diabetic foot, conditions that can often be prevented or better managed with early diagnosis, regular follow-up, and ongoing support.

In response to this need, the hospital is reestablishing a dedicated Non-Communicable Diseases (NCD) clinic to provide consistent, focused care for patients living with these conditions. The clinic began March of this year and will continue to run on the last Thursday of each month. This regular schedule is designed to help patients plan ahead and build a reliable pattern of follow-up and monitoring. The initial focus will be on hypertension and diabetes, which represent a significant portion of the chronic disease burden in our community.

Through this clinic, we hope to address ongoing challenges such as late presentation, difficulty maintaining treatment, and loss to follow-up. By creating dedicated clinic days, there will be greater opportunity for patient education, closer monitoring, and earlier detection of complications. We recognize that challenges remain. Other chronic conditions, such as kidney disease, asthma, and additional cardiovascular illnesses, may also require care, potentially increasing demand beyond current capacity. In addition, some patients may struggle to afford essential medications.

To respond to these realities, we aim to continue strengthening patient education, encourage community-based screening for earlier detection, explore more affordable treatment options, and work with hospital leadership to improve access to necessary medications.

Ultimately, the goal of the NCD clinic is to build a sustainable model of care that supports patients over time, reduces preventable complications, and equips individuals to take an active role in managing their health.

**Dr Linda Atulinda,**

**Medical Doctor,**

**C.O.U Kisiizi Hospital.**



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## Expanding Community Care: HHA 2.0 Project

At Kisiizi Hospital, care extends beyond the walls of the ward and into the surrounding communities. In partnership with the Uganda Protestant Medical Bureau and Healthy Heart Africa, Kisiizi Hospital is implementing the HHA 2.0 project, a nationwide initiative launched two years ago to reduce the growing burden of non-communicable diseases (NCDs) such as hypertension, diabetes, and chronic kidney disease. Through this collaboration, Kisiizi Hospital has been able to extend NCD interventions across the Rukungiri District, strengthening its reach and impact within the wider catchment population.

The project focuses on increasing awareness, promoting healthy lifestyle changes, and strengthening early screening, diagnosis, and treatment within the community. This work has included training healthcare workers to better manage NCDs, supporting ongoing medical education, and equipping Village Health Teams (VHTs) to carry out community sensitization, screening, and referrals.

Through these efforts, over 30,200 people have been screened for hypertension, with more than 3,000 newly diagnosed cases. In addition, over 4,200 individuals have been screened for diabetes, with more than 900 new diagnoses, and 160 patients with chronic kidney disease are currently being followed up within the community. The project has also supported community outreaches, radio health talks, and the recent restarting of the NCD clinic in March 2026.

While progress has been encouraging, challenges remain, including limited resources and funding, low turn-up for referrals, barriers to healthcare access and poor health seeking behaviours within the community. Despite this, the project has already seen meaningful impact, and we remain hopeful for its continued growth and sustainability beyond the anticipated end date in June 2026.

**Dr. Ayebazibwe Aggrey**

**NCD Focal Person**

**C.O.U Kisiizi Hospital**

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## Nutrition Program Update

The Kisiizi Nutrition Program continues to play a vital role in caring for patients and families affected by malnutrition, both on the wards and within the community. Through a combination of practical support and education, the program works to meet immediate needs while also helping families build sustainable, healthy practices.



The project includes several small but meaningful initiatives: a dairy project with two cows providing milk for patients, gardens growing vegetables, matooke, and moringa, a chicken project supplying eggs for both nutrition and income, and a maintained fish pond. Many of these resources are shared directly with patients in need, while others are sold to help support the program's ongoing work. In addition, the team provides health education, cooking demonstrations, and community follow-up visits to support vulnerable families beyond the hospital setting .

Despite these efforts, the need remains great. Limited land and financial sustainability continue to be ongoing challenges, as the income generated does not fully cover the cost of maintaining the projects and providing free support to those most in need. For this reason, we are deeply grateful for the partners who continue to support this work, making it possible to care for some of the most vulnerable members of the community.



**Mothers Picking from  
Demonstration Garden in  
Hospital**



**Nutrition Assessment in  
the Community**



**Preparing a Demonstration Garden in  
the Community**

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## Endurance in the Waiting: Immaculate's Story

Immaculate is 23 years old. Before her accident, she was living with her grandfather in Ntungamo and working as a security guard. In July 2025, while riding on a motorcycle, she was struck by a reversing car. She sustained severe injuries to her right leg, including multiple fractures and significant tissue loss. Although she received initial care at a district hospital, her wounds quickly became infected, and she was advised to transfer to Kisiizi Hospital, where she was admitted on July 28th.

Over the past eight months, Immaculate has undergone multiple surgeries. Her treatment began with urgent cleaning of her wounds and stabilization of her leg using an external frame, followed by repeated procedures to remove damaged tissue, repair her femur, and perform skin grafts to restore the lost tissue. At one point, an implant used to support her thigh bone became infected and had to be removed before full healing had occurred, another setback in an already long journey.

Immaculate is a double orphan, and throughout her admission, her aunt has faithfully cared for her, preparing meals, washing clothes, and accompanying her to physiotherapy. While the cost of her medical care has been covered, it is this daily presence that has sustained her. She remains on the surgical ward, now wearing a supportive brace and continuing physiotherapy as her strength slowly returns. A small wound from the previous infection still requires regular dressing. Healing has come, but slowly, and she has had to face the real fear that she might never walk again.

Through these months, both Immaculate and the staff caring for her have been learning patience and endurance. Procedure after procedure, day after day of wound care, and long periods of waiting have marked her recovery. Yet, in this, there have been quiet reminders of God's faithfulness, in the persistence of healing, in the wisdom given to the team, and in the strength provided for each new day. Immaculate shares her deep gratitude to God, to the surgical team who have worked to save her leg, and to the nurses who have cared for her and encouraged her daily.

Her journey is not yet finished, but it is a story of perseverance, faithful care, and hope that continues to grow, even in the waiting.



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## Visitors Centre and Kitchen Expansion

In October 2025, the Kisiizi Tourism Centre quietly reached a special milestone with the opening of its new kitchen, a space that has already begun to bring people together. With plans to host weddings, celebrations, and larger gatherings, the centre is also expanding into its gardens, creating a place where guests can share meals under the open sky and enjoy the fresh air. Set on a site rich in history, the Tourism Centre offers more than just a place to eat, it offers a place to pause, connect, and be welcomed. It is the perfect place to enjoy a bite to eat after a walk to see the 27-foot waterfall, or to stop by the refreshed pond and feed the fish or kayak. From its warm hospitality to its simple, delicious meals (including its much-loved chapatis), it is becoming a space that both visitors and the local community can enjoy together.



## Saul's Return Home

In February, Saul and his mother were able to return home to their village after a very long season of care at Kisiizi Hospital.

Nineteen years ago, Saul suffered a severe head injury that left him in a coma for three months. When he awoke, he required full assistance with daily life. Since then, his mother has faithfully cared for him, walking with him through the long and often difficult journey that followed.

In May 2024, they came to Kisiizi Hospital, where Saul began rehabilitation. Over time, small but meaningful progress was made. During their stay, Mama Saul also became part of the hospital community, joining in meals, prayer, and fellowship.

They have now returned home encouraged, carrying with them not only the gains made through rehabilitation, but also the strength and support they found along the way.



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## Mothers' Union & Fellowship Celebrate Mary's Day

On March 22nd, the Mothers' Union and Mothers' Fellowship group of Kisiizi Hospital gathered to celebrate Mary's Day. The occasion was marked by a time of reflection, fellowship, and thanksgiving.

During the service, a new committee for the Mothers was commissioned, led by Sr. Jane Kenyangi, while the outgoing committee, led by Sr. Sayuni Eunice, was deeply appreciated for their faithful service. The sermon, delivered by Mrs. Byarugaba Lydia, focused on the themes of humility and obedience to God's voice, encouraging all in attendance to continue serving with a willing and faithful heart.



## Closing Remarks & Easter Wishes

As we come to the end of this newsletter, we are reminded that each story shared reflects not only the work being done at Kisiizi Hospital, but the many hands and partnerships that make it possible. From the wards to the community, from moments of healing to seasons of waiting, this work continues through steady commitment, collaboration, and care. We are deeply grateful for each of you, our partners, staff, patients, and friends, who walk alongside us in this shared mission.

As we celebrate Easter, we are reminded of the hope we carry in Christ, a hope that sustains us in uncertainty and challenging situations and renews us each day. May this season bring you peace, renewed strength, and the quiet assurance of His presence.

Happy Easter!

*“Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead”*

*1 Peter 1:3*

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## Opportunities to Connect

We would be glad to hear from you at [khmedsup@gmail.com](mailto:khmedsup@gmail.com) to confirm you received this newsletter or to update your contact details.

If you would like to volunteer, donate, or learn more about our work, please reach out or visit our website ([kisiizihospital.org.ug](http://kisiizihospital.org.ug)). We would be delighted to connect with you.

## Opportunities to Give

Absa bank (previously Barclays): Kabale branch

Sort code 01-32-61

Account: COU Kisiizi Hospital 6003717303

UK Account: National Westminster  
Berkhamsted branch

Sort code 55-70-10

Account: Kisiizi Hospital 06513123

To benefit from Gift Aid please give via Kisiizi  
Partners [treasurer@kisiizipartners.org.uk](mailto:treasurer@kisiizipartners.org.uk)

**Thank you for your  
prayers,  
encouragement  
and support to help  
us bring**

**LIFE IN ALL ITS  
FULLNESS.**



“Life in all its fullness” John 10:10

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